THE Eastbourne ACADEMY

Curriculum Overview

Subject: PE

Year Group	Term	Modules	Unit of Work	Assessment Content
8	1	*Football, Netball, Basketball HRF*	**Invasion Games** *Pupils are taught new skills and develop the basic range of skills taught in year 7 in order to compete in structured practices, semi-opposed and competitive invasion game situations.* *Students analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. Pupils can make basic judgements on performance and can offer some detailed feedback to peers.* *Each class will have been taught one of the following modules: Football, Netball, Basketball and Health Related Fitness.* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP1 - To be able to describe the techniques for sending and receiving a ball within invasion games* *EP2 - To be able to explain the key evasion skills that are effective within invasion games* *EP3 - To be able to describe a range of shooting methods used in invasion games* *EP4 - To be able to describe the rules of the game and coach to others.* *EP5 - To be able to coach and aid classmates with their technique of the simple skills involved in invasion games* *EP6 - To be able to describe the techniques for complex skills within invasion games* *EP7- To explain 2 rules used within Badminton* *EP8- To be able to explain a variety of techniques used in badminton* *EP9- To be able to provide my partner feedback on at least one shot used in badminton*	*The class teacher will assess the following End points. This will be achieved in some cases over multiple terms though different activities.* *Pupils are assessed throughout each module via teacher assessment based on their understanding of simple skills, concepts, rules and coaching.* *In addition, at the end of each module the students will complete an assessment lesson where they will have the opportunity to demonstrate the module's specific end-points.* *The students' progress on each of the module's end-points will then be used to calculate the pupil's progress towards the termly targets mentioned in each unit of work.*
	2	*HRF, Football, Netball, Basketball*	**Health Related Fitness** *Pupils are taught how to test the components of fitness so that they can develop their strengths and weaknesses by incorporating specific exercises into their daily lives.*	

			Students will develop their range of communication skills in order to compete in structured practices, semi-opposed and competitive situations to a higher level of efficiency. *Students analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. Pupils can make basic judgements on performance and can offer some detailed feedback to peers.* *Each class will have been taught one of the following modules: Football, Netball, Basketball and Health Related Fitness.* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP10 - To be able to explain a range of fitness tests used within Health Related Fitness* *EP11 - To be able to discuss both short and long term benefits of exercise in sport* *EP12 - To provide sporting examples of CoF being used within a range of sports*	
	3	*Gymnastics Badminton OAA Hockey Rugby Football*	**Maximum Performance Topics** *Pupils are taught complex skills and develop the techniques learnt in year 7 in other competitive sports (individual and team). Pupils progress to using apparatus in combination with basic floor work in gymnastics.* *Students will develop their range of communication skills in order to compete in structured practices, semi-opposed and competitive situations to a higher level of efficiency.* *Students analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. Pupils can make basic judgements on performance and can offer some detailed feedback to peers.* *Each class will have been taught four of the following modules: Rugby, Gymnastic, Table Tennis, Badminton & Outdoor Adventurous Activities, Football, Netball, Basketball and Health Related Fitness.* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP13 - To be able to coach and aid classmates with their technique of the simple skills involved in*	

			maximum performance topics *EP14 - To explain a range of techniques used within the maximum performance topics* *EP15 - To explain as an audience member why routines, skills and actions are aesthetically pleasing* *EP16 - To be able to show leadership within physical activities* *EP22 - To be able to explain a range of complex actions utilised within Athletics*	
	4	*OAA, Gymnastics Hockey HRF Rugby*	**Outdoor Adventurous Activities** *Pupils are stretched and challenged in outdoor and adventurous activities due to intellectual and physical conundrums. Pupils are required to work effectively in a team, building trust and developing skills to solve problems, either individually or as a group.* *Students will develop their range of communication skills in order to compete in structured practices, semi-opposed and competitive situations to a higher level of efficiency.* *Students analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. Pupils can make basic judgements on performance and can offer some detailed feedback to peers.* *Each class will have been taught Six of the following modules: OAA, Alternative Games, Rugby, Gymnastic, Table Tennis, Badminton, Football, Netball, Basketball and Health Related Fitness* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP17 - To be able to discuss and then apply the key skills within map reading* *EP18 - To be able to identify the skills needed for effective compass navigation*	
	5	*Cricket, Rounders, Athletics, Badminton*	**Striking and Fielding** *Pupils develop their understanding of the range of striking and fielding skills delivered in year 7 in order to compete in structured practices, semi-opposed and competitive striking and fielding game situations.* *They will progress their knowledge on all athletic events covered in the school curriculum, which will enable successful participation.*	

			Students will develop their range of communication skills in order to compete in structured practices, semi-opposed and competitive situations to a higher level of efficiency. *Each class will have been taught Seven of the following modules: Cricket, Rounders , Athletics, OAA, Alternative Games, Rugby, Gymnastic, Table Tennis, Badminton, Football, Netball, Basketball and Health Related Fitness* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP19 - To be able to describe the techniques for complex skills within striking and fielding* *EP20 - To be able to coach and aid classmates with their technique of the simple skills involved in striking and fielding* *EP21 - To effectively identify the rules within game play to gain tactical advantage for your team*	
	6	*Athletics Cricket, Rounders, Badminton, OAA*	**Games, Maximum Performance, Outdoor Adventurous Activities & Striking and Fielding** *Pupils develop complex skills and select and apply strategies to outwit an opponent in semi-opposed and competitive game situations.* *They will demonstrate a deeper understanding of the skills utilised in outdoor adventurous activities and develop skills to solve problems, either individually or as a group.* *Students will develop their range of communication skills in order to compete in structured practices, semi-opposed and competitive situations to a higher level of efficiency.* *Each class will have been taught Nine of the following modules: Cricket, Rounders Athletics, OAA, Badminton, Rugby, Hockey, Gymnastic, Football, Netball, Basketball and Health Related Fitness* **Key End-points: What will the students know, understand or be able to do by the end of the term?** *EP22 - To be able to explain a range of complex actions utilised within Athletics* *EP19 - To be able to describe the techniques for complex skills within striking and fielding* *EP20 - To be able to coach and aid classmates with their technique of the simple skills involved in striking*	

			and fielding *EP21 - To effectively identify the rules within game play to gain tactical advantage for your team* *EP7- To explain 2 rules used within Badminton* *EP8- To be able to explain a variety of techniques used in badminton* *EP9- To be able to provide my partner feedback on at least one shot used in badminton* *EP17 - To be able to discuss and then apply the key skills within map reading* *EP18 - To be able to identify the skills needed for effective compass navigation*	